



# TOWER HEALTH CLUB & SPA

500 East 4th Street

Austin, TX 78701

512.493.4903

In-house Dial 40

[towerhealthclubandspa.com](http://towerhealthclubandspa.com)

**PETER THOMAS ROTH**

CLINICAL SKIN CARE

BREAKTHROUGH FORMULAS. ASTONISHING RESULTS.

JUNE JACOBS  
SPA COLLECTION



# PACKAGES

## **Sixth Street Soother**

*50 minute body treatment, 30 minute facial, 30 minute reflexology*

Relax and detoxify with a revitalizing fifty minute body treatment of your choice followed by a thirty minute Signature facial tailored to your unique skin care needs. Once that soothing feeling is achieved, your therapist will finish off the treatment with a rejuvenating thirty minute spa reflexology session that promotes circulation in the body.

## **Southern Serenity**

*50 minute facial, 50 minute body polish or massage*

The Southern Serenity treatment takes its time getting you to glow from head to toe. Enjoy a fifty minute signature facial designed for your exact complexion from start to finish. The aesthetician will begin with a thorough skin care analysis, followed by deep pore cleaning, exfoliation, steam, extractions and a mask custom blended for your skin type. The treatment finishes with a luxurious fifty minute body polish or signature massage, your choice.

## **“The Event” Prelude**

*30 minute signature massage, 30 minute facial*

Give yourself a quick pamper before a big event and make the day even more special. This one-hour treatment is half signature massage and half facial for a whole body experience that leaves you refreshed from face to feet.

For the most up to date pricing, refer to the Guest Services Directory on your in-room television.

# PACKAGES

## **Downtown Wedding Escape**

*50 minute body polish, 30 minute massage, 30 minute facial*

Pamper yourself with the ultimate pre-wedding getaway. This treatment has everything you need to look and feel your best before the big event. Start your escape with a fifty minute body polish then drift away during a soothing thirty minute Signature massage followed by a thirty minute Signature facial.

## **Heart of Texas Retreat**

*50 minute massage, 50 minute facial, 50 minute body treatment*

The Heart of Texas Retreat package includes a fifty minute Signature massage tailored to your body's needs, a fifty minute Signature facial designed for your exact complexion from start to finish, and a fifty minute body treatment of your choice. Go ahead and get pampered, Texas style.

## **Stars of Texas Couples Massage**

*50 minute or 80 minute massages for two in same room*

Unwind with a luxurious, candlelit massage while the light scent of Texas lavender drifts in the air. Calming sounds and touch transport you both to another place and time. The relaxation potential is as limitless as the stars found in the night skies of Texas.

Add a **manicure** or **pedicure** treatment to any package and the manicure or pedicure treatment will receive a 10% discount.

Call 512.493.4903 or dial 40 on in-house phone to make an appointment.

# FACIALS

## **Signature Facial**

Relax, restore, and repair your skin for a complete renewal tailored to perfectly match your skin type. This facial cleanses, nourishes, and firms skin to give a healthy and vibrant appearance.

## **Un-Wrinkle: The Ultimate Anti-Aging Facial**

Reverse time with this age defying treatment that combines a powerful facial cleansing and hydrating process with a collagen masque. Promote cell regeneration, boost elasticity, and reduce the unwanted signs of aging.

## **Brightening Oxygen Facial**

A highly effective illuminating facial infused with oxygen to treat dull, uneven skin. A powerful brightening complex will significantly reduce hyperpigmentation and will leave skin with a radiant, youthful glow.

## **Papaya Enzyme Facial**

Restore the vitality of the skin by combining natural fruit enzymes to digest surface dead skin cells with a nourishing masque formulated with antioxidants.

## **Gentlemen's Facial**

Protect against the harsh effects of shaving and everyday environmental damage with this treatment specially designed to address the skin concerns unique to men.

# ADD-ONS

## **Eye Enhance Express Treatment**

A rejuvenating eye treatment with collagen designed to firm and tone the eye area, soothe puffy eyes, and help diminish fine lines.

## **Deluxe Lip Treatment**

An anti-aging lip treatment that naturally enhances lip structure, improves contour, adds volume, and helps define the lip line.

## **Facial Peel**

Reduce the appearance of fine lines and wrinkles and improve uneven skin tone damaged by the sun.

## **Waxing Services**

Remove unwanted hair from brows, lips, or chin.

For the most up to date pricing, refer to the Guest Services Directory on your in-room television.

# BODY TREATMENTS

## Lemon Sugar Body Polish

This full body exfoliating treatment is an idea pre-treatment to any massage therapy.

## Green Tea and Cucumber Body Polish Treatment

A full body treatment from June Jacobs with cucumber and green tea that combines the exfoliation of our scrubs and the nourishment of our body cream.

## Vichy Shower Deluxe Body Treatment

Choose from our June Jacobs body treatments and revitalize the body with rain-like streams of water cascading down the back.

## Personal Training

Take advantage of state-of-the-art facilities at the Towers Health Club and Spa. We offer knowledgeable trainers specializing in helping you achieve your physical fitness goals.



The Tower Health Club & Spa is proud to use **Peter Thomas Roth** and **June Jacobs** in all our facials and body treatments. All facials include cleansing, toning, extractions, and mask.

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# MASSAGE THERAPY

## **Signature Massage**

Our most popular massage tailors a session perfect for you by blending massage techniques; including Swedish, reflexology and deep tissue, chosen based on an individualized assessment of your needs.

## **Deep Tissue / Sports Massage**

Therapeutic deep tissue massage works to release the fascia binding tired, overused muscles. The firmer pressure in this massage is perfect for our active guests and sports enthusiasts.

## **Swedish Relaxation Massage**

This European technique combines long gentle strokes with light pressure, activating deep relaxation from head to toe.

## **Hot Stone Massage**

The strategic placement of heated basalt river rocks deeply penetrates and relaxes tired muscles, while gentle massage with the heated stones creates a wonderful, grounding treatment for the body and mind.

## **Spa Reflexology**

This ancient technique works the whole body through key points and pressure on the hands and feet.

## **In-room Service**

Enjoy the massage therapy service of your choice in the comfort of your own hotel room. Hot Stone Massage not available for in-room service.

For the most up to date pricing, refer to the Guest Services Directory on your in-room television.

# MANICURES & PEDICURES

## **Citrus Blossom Manicure**

A traditional service that combines a fabulous manicure with a citrus blossom hand treatment for instant hydration and repair of dry, chapped hands.

## **Cranberry Pomegranate Luxury Hand Renewal Manicure**

A relaxing manicure that exfoliates, soothes and hydrates tired skin; accompanied by a delightful sensory blend of cranberry and pomegranate.

## **Peppermint Luxury Hand Renewal Manicure**

An indulgent peppermint aromatherapy hand treatment and manicure designed to cleanse, exfoliate, and nourish skin while providing stress relief and relaxation.

## **Citrus Blossom Pedicure**

A traditional service that combines a fabulous pedicure with a citrus blossom foot treatment for instant hydration and repair of dry, chapped feet.

## **Cranberry Pomegranate Luxury Foot Renewal Pedicure**

A relaxing pedicure that exfoliates, soothes and hydrates tired skin; accompanied by a delightful sensory blast of cranberry and pomegranate.

## **Peppermint Luxury Foot Renewal Pedicure**

An indulgent peppermint aromatherapy foot treatment and pedicure designed to cleanse, exfoliate, and nourish skin while providing stress relief and relaxation.

Call 512.493.4903 or dial 40 on in-house phone to make an appointment.

The **Tower Health Club & Spa** is located on the 8th floor of the Hilton Austin. The facility features state-of-the-art fitness equipment, steam room and sauna, spacious locker rooms, and a variety of rejuvenating spa treatments that provide the pampering you deserve. The rooftop pool deck features a heated 48-foot saline lap pool and hot tub overlooking the spectacular downtown Austin skyline.

## Hours of Operation

The Tower Health Club & Spa is open from:

**Mon - Fri** 5:30 a.m. – 10:00 p.m.

**Saturday** 7:00 a.m. – 10:00 p.m.

**Sunday** 7:00 a.m. – 9:00 p.m.

## Appointments

Call us at **512.493.4903** or dial **40** on in-house phone to make an appointment.

## Arrival and Check-in

Please arrive at least 15 minutes before your spa appointment to allow time for completing the intake form, locating your locker, and changing in to your robe. Arrive a few minutes earlier and get a jump on your pampering with a quick steam located inside each locker room.

## Cancellation/No-Show Policy

To avoid being charged 100% of your appointment fee, the courtesy of four hours notice is requested in the event of a cancellation.

## Spa Services Age Requirement

Guests of the Spa must be a minimum of 16 years of age. A parent or guardian must accompany guests between 16-18 years of age.

## Discounts

Please inquire with the Tower Health Club & Spa front desk to learn more about special large group discounted rates.

## Connect With Us

Connect with us on Facebook and Twitter for information and promotions.

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